



## READING HEALTH AND WELLBEING BOARD

<b>DATE OF MEETING:</b>	18 March 2022		
<b>REPORT TITLE:</b>	Berkshire Healthcare NHS Foundation Trust - Mental Health Strategy 2016-21 - Progress Update		
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### 1. PURPOSE OF REPORT AND EXECUTIVE SUMMARY

- 1.1 The attached report sets out the Mental Health strategy for Berkshire for the period 2016 to 2021. The report focusses on what has been achieved against the outcomes we set in the strategy in 2016 with the vision of “Safer, improved services with better outcomes, supported by technology” with six key priority areas of:
- Effective and compassionate help
  - Working with service users and carers
  - Straightforward access to services
  - Supporting our staff
  - Good experience of treatment and care
  - Working with partners and communities

The NHS Long Term Plan set out an ongoing commitment to investment in Mental Health services and new models of care, including: a new service model with development of out of hospital care through a new urgent care offer, Primary Care Networks, support to people in care homes and supporting people to age well - all of which are relevant to mental health and the design of mental health services; more action on prevention and health inequalities is highlighted - including the higher risk of poor health experienced by people with severe mental illness; further progress on care quality and outcomes - including children and young people’s mental health services as well as adult mental health services; NHS Staff will get the backing they need - including reference to increasing recruitment and retention in medical staff and development of new roles; Digitally enabled care will go mainstream across the NHS - includes the mental health GDE programme, digitally enabled therapy in IAPT services, and children’s mental health services. Development of Population Health Management will be underpinned by development in capture/use of mental health data.

Progress on the urgent community response has been accelerated as part of the response to COVID-19. Berks West is part of the BOB Ageing Well accelerator site which delivers a 2-hour urgent community response and 2-day reablement standards, both of which have implications for mental health services.

Mental health transformation investment has been made available to Integrated Care Systems and Berks West has benefitted from investment in Integrated Community Mental Health services and additional Mental Health practitioners based within Primary Care Networks.

The impact of COVID has been real in our communities for over two years and our mental health services are reflecting that pressure. Whilst our inpatient and community mental health services are under significant pressure, we have continued to be able to provide a service to those in need.

**Key messages:**

- Referrals to Common Point of Entry (CPE) have seen the greatest movement
- Crisis Home Treatment Team and Psychological Medicine show the next level of movement
- Referrals to adult and older adults MH services have increased
- Level of acuity has also increased
- Face to Face for crisis MH contacts continued throughout the pandemic with a spike in Q3 21/22
- Telephone contacts have decreased significantly
- Online consultants continue but at a slightly lower rate than seen in 2021

BHFT has a Reducing Health Inequalities strategy that includes priorities on providing support to people with serious mental illness and mental health act detentions. The operational plan for BOB ICS for 2022/23 includes explicit commitments on mental health services.

Accelerated progress has been made on Digitally enabled care with a blended model of face to face and remote consultations.

Good progress has been made with the New Models of Care for adult secure, tier four CAMHS and Eating Disorder Services, which included the establishment of provider collaboratives taking responsibility for provision of care closer to home and effective management of resources across the whole care pathway.

1.2 Appendix 1 - BHFT Mental Health Strategy 2016-21 - Progress Update February 2022

**2. RECOMMENDED ACTION**

**2.1 The report is for information only.**

**3. POLICY CONTEXT**

3.1 The Mental Health Strategy exists within the context of the NHS Long Term Plan and the BOB ICS operational plan.

**4. THE PROPOSAL**

4.1 Not applicable

**5. CONTRIBUTION TO READING'S HEALTH AND WELLBEING STRATEGIC AIMS**

5.1 The BHFT Mental Health Strategy contributes to all five of the Reading Health and Wellbeing priorities:

1. Reduce the differences in health between different groups of people
2. Support individuals at high risk of bad health outcomes to live healthy lives
3. Help children and families in early years
4. Promote good mental health and wellbeing for all children and young people
5. Promote good mental health and wellbeing for all adults

5.2 The BHFT Mental Health strategy supports all five priorities in the Reading's Health and Wellbeing Strategy.

**6. ENVIRONMENTAL AND CLIMATE IMPLICATIONS**

6.1 Not applicable

**7. COMMUNITY & STAKEHOLDER ENGAGEMENT**

7.1 Not applicable

**8. EQUALITY IMPACT ASSESSMENT**

8.1 Not applicable

**9. LEGAL IMPLICATIONS**

9.1 Not applicable

**10. FINANCIAL IMPLICATIONS**

10.1 Not applicable

**11. BACKGROUND PAPERS**

11.1 None